

January 17, 2025

Dear Parents/ Guardians and Caregivers:

We are so excited to be able to offer our grade 5 and 6 students an opportunity to learn to ski and build on skills they may have been introduced to at last year's ski day. This year, our students will be busing to Nitehawk Adventure Park on Feb. 11, 2025 to enjoy a day of skiing, fresh air, and physical activity.

The schedule for the day is as follows:

8:40 am - the bus will leave Avondale

9:00 am- the bus will arrive at Nitehawk Adventure Park.

9:00-9:30 am - students will be given their lift passes; Nitehawk staff and volunteers help students put on their ski equipment, students will be reminded to keep their belongings together and in one spot. Another school will be in attendance as well.

9:30-11:00 am- ability assessment and lessons

11:00-11:30 am-continued practice

12:00 lunch (this time may vary by 15 minutes)

12:00-2:00 pm continued practice

2:00-2:15 pm students are called off the hill, equipment is returned, and the bus is boarded to return to school

2:40 pm- arrival at Avondale

The cost for the lesson, all rentals, and the lift pass is \$25.00. We are very lucky to receive this price as usually the cost is nearly \$50.00.

Please register here:

<https://gonitehawk.com/avondale-school-group-24-25/>

Please complete the registration by January 22, 2025 so that the ski hill will be able to accommodate us and ready the equipment for our students.

There will be an option in the electronic registration to learn to snowboard, but we will not be learning to snowboard at this time.

Students will need to be prepared for this day by:

1. Packing a lunch and a water bottle. Learning to ski is very tiring work so it is important that the children have a few extra snacks or an extra sandwich in their lunch that day. You also have the option of ordering from the canteen at the ski hill if you'd like.

2. Dressing in layers is so important. Students will need to stand and listen to the lesson at first. Warm clothing will be needed at this point in the day. However, as the day progresses and confidence builds, students will become more and more active. They will want to shed their heavy layers. We recommend the following clothing:
 - i. Ski pants, footwear, socks, toque, and mittens or gloves.
 - ii. Tee shirt, hoodie, winter jacket

To make this day even more successful, we will be needing some volunteer assistance.

If you are able to join us on the hill, we would appreciate your time. Please call ahead and let us know you are available to help. You do not need to know how to ski to be a volunteer this day. There are many ways to be helpful when students are learning to ski.

This is sure to be a great experience! Please call 780-532-3230, if you have any questions.

Kind regards,

Jae LeClerc, Lynn Vanderveen, Jessie Kay

